



Allison with her daughter.

# ALLISON POLENDER, MD

*“The Woman’s Group offers the opportunity to empower women through excellence in women’s health education.”*



- Allison Polender, Physician

Allison Polender was born in LaCrosse, Wisconsin. A passionate international traveler, she completed a double major in Anthropology and Geography at Northwestern in 1996 and worked as an archeology field assistant in India. Shortly after, she decided to pursue a medical career. After finishing all post-baccalaureate work, she entered the Medical College of Wisconsin, participated in outreach programs to Nepal and India and received her medical degree in 2004.



Allison completed her residency at the University of South Florida in 2008 and received honors by her peers with USF’s Outstanding Resident Teaching Award and also by teaching staff for her work in Postpartum Urinary Dysfunction. With first hand experience in global health issues as related to women, Allison believes in change at the grass roots level. Currently, she volunteers her time and energy to the Women’s Health Clinic of the Catholic Charities Mission in Plant City. Allison lives in Tampa with her husband and daughter.

**ALLISON POLENDER:** (HONORS) Outstanding Resident Teaching Award, USF Resident Research Day, 2004-2008; Third Place for presentation of “BMI as a predictor of urinary dysfunction at 6 weeks postpartum, 2008; Medical Student Achievement Award, Endocrine Society, Medical College of Wisconsin, 2004 (SOCIETIES) Florida Medical Association, 2008; American College of Obstetrics and Gynecology, 2004-Present; Florida Obstetrics and Gynecology, 2004-Present; Vice President, Jewish Student Union, Medical College of Wisconsin, 2000-2004 (PUBLICATIONS) 2000 - Silva PD, Ziff AI, Case report of an ovarian pregnancy missed at initial laparoscopy, Gund Luth Med J 2003, 2:47-48; 2003 - Silva PD, Ziff AI, Polycystic ovarian syndrome, Female Patient 2000:2 (9):33-43

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