

Dietary Supplements

Ferrous Sulfate
Prenatal Vitamins
Folic Acid Tablets
Calcium Tablets

Vaginal Anti-Fungal (yeast) Agents

Monistat-7
Monistat Suppositories
Mycostatin Vaginal Tablets
Mycelex Tablets or Cream
Vagisil topical cream

Hemorrhoidal Agents

Tucks Pads
Preparation-H
Anusol-HC
Proctofoam-HC
Sitz Bath

Cold/Flu Remedies

Sudafed * after 12 weeks *
Benadryl
Saline Nasal Spray
Robitussin (plain)
Chloroseptic Spray/Lozenges
Sucrets
Tylenol Cold
Benadryl sinus/headache

Pain Medicine OTC

Tylenol
(reg or ES) * after 12 weeks *

Laxatives/Stool Softeners

Ducolax
Tablets or Suppositories
Senokot
Fleets Enemas
Milk of Magnesia
Colace
Metamucil
Fibercon

Anti-diarrhea

Immodium AD

Antibiotics

Penicillin
Macroclantin/Macrobid
Ampicillin
Flagyl
Amoxicillin
Erythromycin
Augmentin
Zithromax
Dicloxacillin
Keflex

Anti-Itch Agents

Benadryl Cream/Tablets
Calamine Lotion
Caladryl Lotion

Anti-Fungal Agents

Monistat Dual-Pak
Terazol-3 or 7
Metrogel
Cleocin/Clindamycin

Pain Medicine

(Call the office if you are prescribed any pain medications)

****only take if Prescribed by a physician****

Tylenol #3
Darvocet
Vicodin

Anti-Nausea Agents

Phenergan
Zofran
Unisom
Vitamin B6
Dramamine
B-Natal Pops

Allergy Medications

Claritin
Zyrtec

Anti-Viral Agents

Acyclovir
Famvir
Valtrex
Zovirax

Antacids

TUMS
Maalox
Mylanta
Gas-X