



THE
WOMAN'S
GROUP

Obstetrics, Gynecology, Infertility, & Menopause
EXCELLENCE IN WOMEN'S HEALTHCARE

OB PATIENT APPROVED MEDICATION LIST

Dietary Supplements

- Prenatal Vitamins
- Ferrous Sulfate (Iron)
- Folic Acid Tablets
- Calcium Tablets

Vaginal Anti-Fungal (Yeast) Medications

- Monistat-7
- Monistat Suppositories
- Mycostatin Vaginal Tablets
- Mycelex Tablets or Cream
- Vagisil Topical Cream

Hemorrhoidal Medications - Over The Counter (OTC)

- Tucks Pads
- Preparation H

Hemorrhoidal Medications - Prescription Only

- Anusol- HC
- Proctofoam- HC

Cold/Flu Medications

- Sudafed (*after 12 weeks*)
- Saline Nasal Spray
- Benadryl/Benadryl Sinus Headache
- Robitussin (plain)
- Chloraseptic Spray/Lozenges
- Sucrets Lozenges/Ricola Lozenges
- Tylenol Cold
- Coricidin HBP
- Mucinex

Laxatives For Constipation

- Miralax
- Benefiber
- Milk of Magnesia

Gas/Bloating/Pain

- GasX (Brand)
- Simethicone (Generic)

Stool Softeners

- Docusate Sodium (Generic Name)
- Colace (Brand)
- Correctol (Brand)

Diarrhea

- Immodium – AD

Antibiotics – Prescription Only

- Ampicillin
- Amoxicillin
- Augmentin
- Azythromycin
- Dicloxacillin
- Flagyl
- Keflex
- Macrobid/Macroclantin
- Penicillin
- Zithromax

Topical Anti-Itch Medications

- Benadryl Cream/Lotion
- Calamine Lotion
- Caladryl Lotion

Anti-Fungal Medications – Over The Counter

- Monistat Dual - Pack

Anti-Fungal Medications – Prescription Only

- Terazol 3
- Terazol 7
- Metrogel
- Cleocin/C lindamycin

Nausea Medications – Prescription

- Zofran (Brand)
- Ondansetron (Generic)

Nausea Medications – Over The Counter

- Dramamine
- Unisom
- B-Natal Pops

Allergy Medications – Over The Counter

- Benadryl
- Claritin
- Zyrtec

Antacids – Over The Counter

- TUMS
- Mylanta
- Maalox
- Zantac
- Prilosec
- Tagamet
- Pepcid

Pain Medications – Prescription

- Only as prescribed by a physician

Pain Medications – Over The Counter

- Tylenol - Acetaminophen
- **Use according to label directions

Pain Medications – Topical - Over The Counter

- Icy Hot Patches
- Ben Gay
- Mineral Ice
- Aspercreme